

Episode 3: Simon's Story Vocabulary List



Wonderful Words

1. **cast** = the plaster used to heal a broken bone
2. **cathartic** = helps to release emotion
3. **to crack** = to split into 2 pieces with a line in the middle
4. **to crawl** = to move around on your hands and knees
5. **to fade** = to disappear gradually
6. **pint** = a drink size, about 0,5 litres of liquid.
7. **sensible** = careful and thoughtful
8. **to shatter** = to break suddenly and violently
9. **to smash** = to break violently

Excellent Expressions

1. **a pair of crutches** = long sticks to help you walk with an injured leg
2. **a wheelie bin** = a large rubbish bin on wheels
3. **general practitioner (GP)** = a local doctor
4. **to end up** = to arrive or come to a place
5. **to absorb a landing** = to arrive on the ground safely and with care
6. **screaming pain** = very intense pain
7. **wheelchair bound** = to depend on a wheelchair to move around
8. **a glass half full perspective** = to be positive or optimistic about a situation
9. **to make a living** = to earn money in a job
10. **to bear weight** = to support weight