

# Episode 6: Alexia's Story Vocabulary List



## Wonderful Words

1. **bold** = confident and willing to take risks
2. **despondent** = to feel sad and without hope
3. **ingrained** = a fixed habit/attitude/belief in a person
4. **fearful** = to be afraid
5. **flashy** = very attractive and impressive
6. **glamorous** = attractive and exciting
7. **overseas** = in a different country, across the sea
8. **wai** = a Thai greeting that involves putting your hands together and lowering your head

## Excellent Expressions

1. **A-list** = to describe famous or important people in society
2. **a breaking point** = a peak moment of stress or tension
3. **a comfort zone** = a situation you feel safe and relaxed
4. **all of a sudden** = suddenly
5. **point blank** = to speak very directly at someone without explanation
6. **to heal from** = to be cured from a sickness or state of mind
7. **to seep into** = to slowly flow out of something
8. **to work through** = to solve